



**AIDA Proficiency Competition, Examinations and Coaching**  
**Albany NY AIDA event, at:**

CM Fine Arts, 17 Executive Park Drive, Halfmoon, NY 12065 (Oct 30)

and

Dance Fire Studio, 2341 Nott St., Suite 104, Niskayuna, NY 12309 (Oct 31)

**Schedule Saturday October 30:**

- 10:00 - Testing and private coaching sessions with Lori Woods Gay.
- 12:00 - Workshop 1 with Lori Woods Gay. Topic: What you would like your partner to do or not do. – 50 minutes
- 1:00 - Workshop 2 with Lori Woods Gay. Topic: Four ways to lead. – 50 minutes
- 2:00 - Individual Dance Competition heats (must sign up in advance) – Salsa, Hustle, Cha Cha, Swing, WCS. Judged by Lori.
- 2:20 - Team Match (must sign up in advance) – Standard/Smooth Waltz, Tango, Quickstep; Latin/Rhythm Cha Cha, Rumba, Jive/Swing. Judged by Lori.
- 2:45 - Adult Fun Dances – Variable speed Waltz, Leader/Follow Switch Swing, Clockwise Quickstep, Back to Back Mambo. Judged by audience.

**Schedule Sunday October 31:**

- 11:00 – 12:30 Youth testing and proficiency competition.
- 12:30 – Youth Fun Dances, with Halloween costumes. Judged by volunteer judges.
- 12:45 – Youth Q&A session with Lori Woods Gay and Michael Choi. Join us!
- 1:30 – Adult Proficiency Competition. Judged by Lori Woods Gay and Michael Choi.
- 2:30 – Adult testing with Michael Choi and Lori Woods Gay.
- 3:00 - Workshop with Michael Choi. Topic: Spins and Turns.
- 4:00 - Pizza with the Pros with Lori Woods Gay and Michael Choi. Primarily questions from the adult dancers, but others are welcome to attend. Or request a Zoom link!
- 4:45 – Adult Fun Dances – Straight Leg Samba, Superspeed Hustle, Three's A Crowd Merengue, Mystery Song [non-ballroom music, interpretive V]. Judged by audience.
- 5:00 – 7:00 Social dance. **Halloween costumes optional!**

**Fee List - ADULTS**

	<u>AIDA Members</u>	<u>Non-Members</u>
<b>Workshops (Sat/Sun)</b>		
Any 1	\$25	\$30
Any 2	\$40	\$50
Any 3	\$50	\$65
<b>Fun Dances (Sat/Sun)</b>	free	free
<b>Social Dance (Sun)</b>	\$12	\$15
<b>Medal Tests (Sat) - Dance Achievement, bronze, silver, gold or gold star:</b>		
First dance - per couple or solo	\$35	\$40
Each additional dance	\$15	\$15
Additional fee per dance if partnered with a Dance Master	\$10	\$10

	<u>AIDA Members</u>	<u>Non-Members</u>
<b>Show Dance Competitions or Tests (Sat)</b> - one or two dancers, up to 3 minutes:		
Per show dance	\$30	\$40
Additional fee per dance if partnered with a Dance Master	\$10	\$10

**Formation Teams (Sat)** - up to 3 minutes, prices listed per dancer

3 dancers	\$17	\$19
4 dancers	\$16	\$18
5 dancers	\$15	\$17
6 to 9 dancers	\$14	\$16
10 to 12 dancers	\$13	\$15

For member pricing, all members of the team must be AIDA members.

<b>Proficiency Comp (Sun): 1-4 dances</b> , per dance	\$25	\$30
<b>additional dances</b> , per dance	\$10	\$15
Additional fee per dance if partnered with a Dance Master	\$10	\$10

**Professional Examinations (Sat or Sun)** – costs vary, depending on the level of the exam, the discipline, and the number of dances involved.

**Please contact AlbanyNY.AIDA@gmail.com for details.**

**Personal coaching (Sat or Sun)** - A limited number of 15 or 45 minute sessions are available with Michael Choi or Lori Woods Gay.

Coaching per individual or couple (leader/follower)

15 minutes (available with medal test or competition)	\$60	\$75
45 minutes	\$140	\$160

**Two opportunities on Sunday to get answers to your questions from the pros!**

Q&A session - following Youth Competition and Fun Dances		
In person, at studio		free!
Zoom link (cost per link)		\$5
Pizza with the Pros - following afternoon workshop for adults		
In person - includes pizza and soft drinks (per person)		\$15
Zoom link (cost per link)		\$5

**Photos or Videos of your performance! (Same price members and non-members)**

Professional photographer with State of the Art cameras.

1 or 2 dances, 10-15 high resolution photos per dance	\$35
OR 1 or 2 dances, videos of your dance	\$35

*FOR SUNDAY PERFORMANCES ONLY. Please allow time for editing.*

**For everything except Team Match and Social Dance Competition Heats:  
Registration must be completed and paid by Saturday, October 16, 2021.  
Late fees after 10/16/21 of \$25 per individual, \$40 per couple or group.**

Checks may be made payable to: Albany NY AIDA. Send registrations with payment to: Sue Martin, 29 Egmont Ct., Delmar, NY 12054... OR submit to Dance Fire Studio, 2341 Nott St, Suite 104, Niskayuna NY 12309

**Questions? Email AlbanyNY.AIDA@gmail.com**